

# Forearm (Kuya Jaypi)

## Preview:

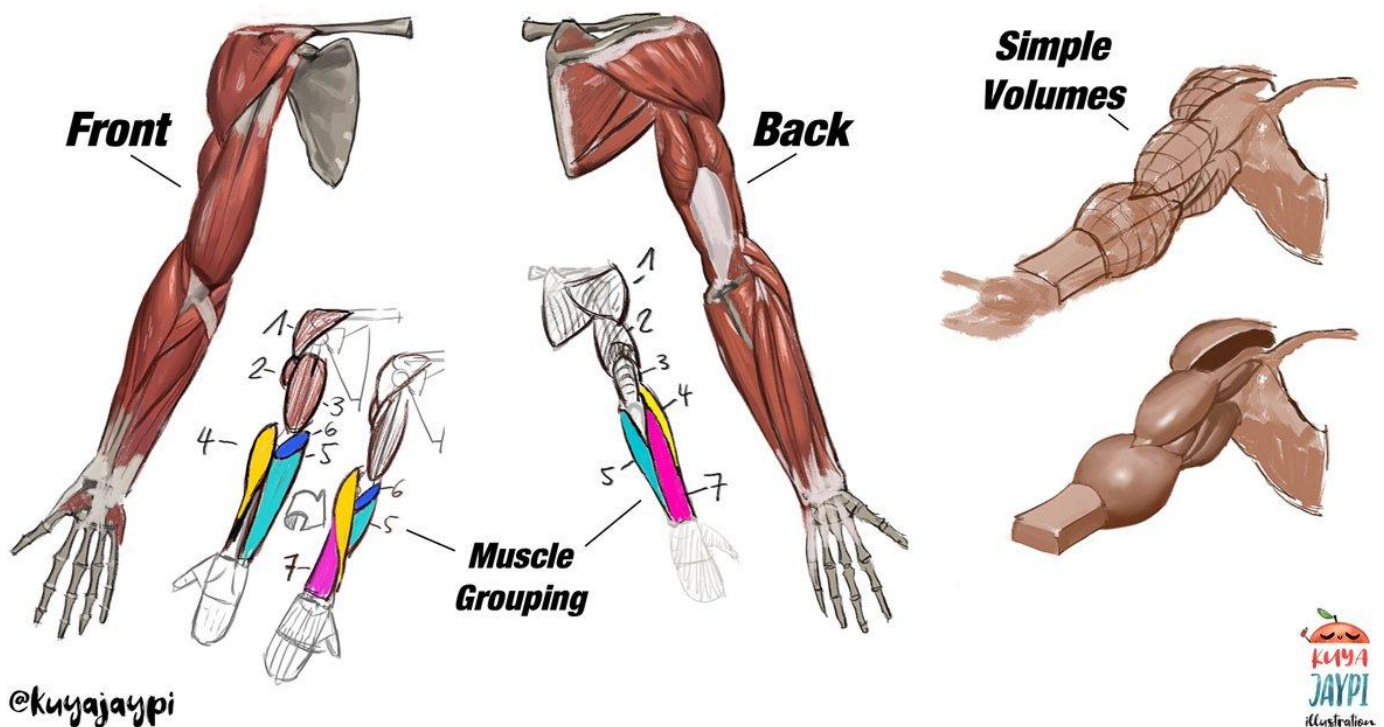
Full cheat sheet + video explaining the forearm muscles step by step

Synonyms: Arm; Radius; Ulna; Kuya the Peach; kuyajaypi

## How to draw the Forearm

Forearm Anatomy Cheat Sheet 

## How to draw the Forearm - Visual Notes



### Short video explaining the process

had to put it on 150% speed for yt shorts, so feel free to change the Playback Speed to 0.5 :)  
(video settings top right corner)

<https://www.youtube.com/embed/iYzZGQc7Uns>

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